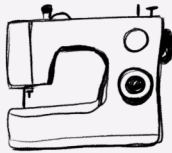


Guidelines



FABRIC

- 100% cotton or a cotton/poly blend (mostly cotton). These dresses are washed in rivers and scrubbed with rocks—only strong cotton will endure this treatment.
- Age-appropriate patterns (e.g., baby/nursery prints for smaller sizes).
- All dresses should be around 44" wide, with the finished length between 20" and 34".
- If making a size 12 or 14, please put a small 3-4" 'kick-pleat' in the side or back seam.
- Do not use patriotic, specialty licensed (Disney, etc.) characters, skulls, Halloween or blatantly Christmas fabric. No pillowcases.



Dress Specifications

- Use the full width of standard fabric (~44").
- Finished lengths: 20"–34"
- For sizes 12 & 14: Add a small (3-4") kick pleat in the side or back seam.
- No pillowcases (they do not hold up well over time).



Dress Patterns & Construction

- You may use your own pattern as long as the design is modest, durable, and appropriate for young girls.
- Inside seams must be serged, zig-zag stitched, or finished with a French seam to prevent fraying.

Hem should be $\frac{1}{2}$ "– $\frac{3}{4}$ " (no deep hems, as the girls cannot let them down for growth).



Ties & Elastic

- Ties: Use double-wide, double-fold bias tape (no thin bias tape or ribbon).
- Must be long enough to tie into a bow (not just a knot).
- Made from one continuous piece (no piecing together).
- Please do not use thin bias tape or ribbon for the ties.
- Elastic: 7" pieces for all sizes, both front and back.

Guidelines



Pockets

Size: 6" x 6" (smaller pockets are impractical, larger ones look disproportionate).

Placement: Slightly below the midpoint of the dress, near the waist.

Fabric: Should coordinate with the dress (no clashing patterns).

Preferred: Two pockets preferred for carrying small treasures.

Construction: Double thickness for durability.



T-Shirt Dresses

If making a **T-shirt dress**, please ensure:

The T-shirt has **no inappropriate messaging, cartoon characters, or English words**.

The T-shirt **size matches** the dress length (e.g., do not use a size 4 T-shirt for a size 10 dress).



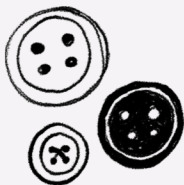
Finishing Details

✓ **Secure all edges** – use **zig-zag stitching** or **turn under** (no raw edges).

✓ **Fasten bias tape securely** where it intersects with the elastic.

✓ **Embellishments:** Appliques, buttons, ric-rac, lace, and eyelet trims are welcome—but **must be securely sewn** (no hot glue).

✓ **Use fabric ribbon (grosgrain), not craft ribbon** (craft ribbon deteriorates in water).



A Dress of Dignity & Love

Each dress you make may be the **only dress this girl owns**.

We want her to feel **dignified, valued, and beautiful**.

These girls live in communities where they are often overlooked or at risk. **Your dress should reflect their worth**.

Poor communities deserve **quality, not leftovers**. Let's honor them by creating something **beautiful and well-made**.

Ask yourself: *Would I be proud to have my daughter or granddaughter wear this dress?*

Let's make **God's best dress**—a gift of love, dignity, and hope. 💜